

**Product & Price List for Online Shop**

<b>Products</b>	<b>Prices £</b>
3lb Leg of Lamb	29.46
Adobe Cabernet Sauvignon (Case of 12)	89.88
Adobe Carmenere (Case of 12)	89.88
Adobe Syrah (Case of 12)	89.88
Aloe Vera Bodywash (200ml)	8.00
AOC Petit Chablis (Case of 12)	149.88
Apples (1kg)	2.45
Apples (400g)	2.00
Apples (5kg)	12.25
Apples (800g)	1.99
Avocado	1.20
Avocado Replenishing Cream (15ml trial size)	5.00
Avocado Replenishing Cream (50ml)	14.95
Baby Blanket	25.00
Baby Gift/Trial/Travel Set	25.00
Baby Massage Oil (70ml)	8.00
Baby Repair Lotion (75ml)	8.95
Balti Curry paste (200g)	3.08
Bananas (1kg)	1.38
Bananas (500g)	0.68
Beef Braising Steak (c.450g/1lb)	5.71
Beef Fillet Steak (1)	6.03
Beef Fore-Rib Off Bone (c.2kg/4.5lb)	29.13
Beef Frying Steak (450g)	6.75
Beef Italian Style Ready Meal (400g)	6.20
Beef Sirloin Steaks (c.200g/7oz)	5.67
Beef Steak Mince (c.225g/0.5lb)	2.10
Beef Steak Mince (c.450g/1lb)	4.05
Beef Stewing Steak (c.225g/0.5lb)	2.29
Beef Stewing Steak (c.450g/1lb)	4.45
Beef Stir Fry Strips (c.450g/1lb)	7.10
Beef Topside (2kg)	29.28
Beetroot (250g)	0.99
Black Pepper (30g)	1.26
Bolognese Pasta Sauce (360g)	1.92
Broccoli (350g)	1.05
Brussel Sprouts (500g)	1.30
Buenas Ondas Chardonnay (Case of 12)	101.88
Buenas Ondas Malbec (Case of 12)	101.88
Buenas Ondas Syrah Rosé (Case of 12)	95.88
Bump Butter (175g)	21.00
Bump Butter (20g)	4.25
Button Mushroom (150g)	0.95
Cabbage White (x1)	1.59
Calendula Balm (20g)	4.95
Calendula Balm (50g)	10.00
Calming Spritz (30ml)	8.50
Carrots (1kg)	0.92

Carrots (750g)	0.69
Cauliflower (x1)	1.25
Celery (x1)	0.95
Cherry Tomato (250g)	0.95
Chicken Breast Fillets (x2)	10.75
Chicken Drumsticks (2's)	3.10
Chicken Drumsticks (x4)	5.30
Chicken Spicy Drumsticks (4's)	3.99
Chicken Stir Fry Strips (c.450g)	10.26
Citrus Fruit Tonic (100ml)	12.00
Citrus Fruit Tonic (30ml)	6.50
Citrus Trial Set	19.95
Classic Beef Casserole Ready Meal (400g)	6.30
Cooking Apples (Bramleys) (4's)	1.99
Courgette (400g)	1.99
Coyam (Case of 12)	155.88
Creamy Coconut Cleanser	12.00
Creamy Coconut Cleanser (30ml trial size)	5.00
Cucumbers (x1)	0.95
Delicious Fruit & Seed Muesli (750g)	3.83
Diced Chicken (c.450g)	8.65
Diced Lamb (c.225g/0.5lb)	3.70
Diced Pork (c.225g)	3.03
English Mustard (165g)	3.02
Farmhouse Cheddar (300g)	3.49
Fennel (400g)	0.75
First Aid Lotion	9.95
First Aid Lotion (30ml)	5.50
Fresh Bay Leaves	0.97
Fresh Curley Parsley	0.97
Fresh Luxury Vegetable Pasta Sauce (350g)	2.90
Fresh Rosemary	0.97
Fresh Sage	0.97
Fresh Salmon Fillets (c.200g)	3.99
Fresh Thyme	0.97
Fruit & Seed Muesli (750g)	3.83
Garlic (2)	0.55
Garlic Herb and Mushroom Stuffing (150g)	1.71
Gentle Herb Shampoo (200ml)	9.50
Gentle Herb Shampoo (500ml)	21.50
Gentle Wash & shampoo (200ml)	9.00
Gentle Wash & Shampoo (30ml trial size)	3.50
Grapefruit (x1)	0.59
Grapes	2.59
Hair Lice Therapy Oil (70ml)	7.50
Half Lamb Leg Joint (c.1kg/2.2lb)	14.55
Horse Radish (165g)	3.02
Instant Decaffeinated Coffee (100g)	6.63
Juniper Berries (25g)	1.19
King Prawns (c.250g)	5.10
King Prawns (c.500g)	9.75
Kiwi (6)	1.49
Korma Curry Paste (200g)	3.08
Labour Oil (70ml)	10.50

Lamb & Mint Burgers (c.450g/1lb)	3.85
Lamb Joint Loin B & R (c.1kg/2.2lb)	19.65
Lamb Leg Joint Whole (c.2kg/4.5lb)	32.01
Lamb Liver (c.225g/0.5lb)	1.95
Lamb Loin Chop (2 xc.150g/0.33lb)	5.11
Lamb Mince (c.225g/0.5lb)	3.10
Lamb Mince (c.450g/1lb)	6.05
Lamb Stir Fry Strips (c.450g/1lb)	9.36
Large Eggs (x6)	1.70
Large Organic Christmas Hamper	125.00
Lasagne (250g)	1.44
Leeks (400g)	1.69
Lemon & Tea Tree Facial Wash (30ml trial size)	5.00
Lemons (3)	0.75
Lettuce (x1)	1.05
Lip Silk (4.5g)	4.50
Live-a-Little Really Ravishing Red (Case of 12)	95.88
Live-a-Little Rose (case of 12)	95.88
Live-a-Little Wildly Wicked White (Case of 12)	95.88
Long Back Smoked Bacon (c.250g/9oz)	4.26
Long Back Unsmoked Bacon (c.250g/9oz)	3.97
Low Fat 4 Pack Yogurt (4 x 125g)	1.65
Lowe Merlot (Case of 12)	161.88
Lowe Shiraz (Case of 12)	161.88
Lowe Zinfandel (Case of 12)	185.88
Luxury Organic Food Hamper	52.50
Madras Curry Paste (200g)	3.08
Mango	1.45
Milanese Pasta Sauce (360g)	1.92
Mild Curry Paste (135g)	2.19
Mint Sauce (135g)	1.59
Mixed Peppers (x2)	1.35
Mixed Peppers (x3)	2.00
Mosimix Massage Oil (70ml)	7.50
Mother & Baby Organic Gift Set	47.50
Muscle Ease Massage Oil (70ml)	8.00
Mushroom Chestnut (250g)	0.85
Mushrooms White (250g)	0.75
Mushrooms White (400g)	1.20
Natural Yogurt (150g)	0.51
New Born Organic Outfit Set	55.00
NEW! Lemongrass Body Wash (200ml)	9.00
NEW! Relaxing Body Oil (150ml)	14.95
Nipple Balm (20g)	4.15
Nipple Balm (50g)	9.00
Novas Sauvignon Blanc (Case of 12)	107.88
Olive Oil Extra Virgin (500ml)	6.21
Onion Gold (750g)	0.85
Onions (1kg)	1.12
Orange Fruit Juice (1 litre)	2.49
Oranges (400g)	0.85
Oranges (800g)	1.65
Org Rump Steak Special Offer (2kg)	35.41
Organic Beef Madras (300g)	4.50

Organic Fruit Box	19.25
Organic Pamper Hamper	85.00
Organic Wine Set	37.00
Parsley (20g)	1.01
Parsley and Thyme Stuffing (150g)	1.71
Parsnips (500g)	1.49
Pears (800g)	1.99
Penne Pasta (500g)	1.32
Plain Beef Burgers (c.450g/1lb)	3.65
Plain Beef Sausages (c.454g/10oz)	3.65
Plain Mayonnaise (150g)	2.01
Plain Pork Sausages (c.450g/1lb)	3.90
Pork Shoulder B&R (£/kg) Please enter weight.	10.50
Pork Steaks (c.200g)	2.80
Pork Stir Frys Strips (c.450g)	6.65
Pork Tenderloin (c.250g)	5.85
Porridge Oats (750g)	2.34
Portabella Mushroom (250g)	1.10
Potato (2kg)	1.75
Potatoes (1.5kg)	1.35
QMP Rheinhessen Riesling Kabinett Trocken (Case of 12)	107.88
Raspberry Yogurt (150g)	0.51
Red Cabbage	1.49
Red Onion (500g)	0.95
Redcurrant Jelly (220g)	4.60
Repair Lotion (200ml)	14.95
Repair Lotion (75ml)	8.95
Rhubarb Yogurt (150g)	0.51
Rose Moisturiser (15ml)	5.00
Rose Moisturiser (50ml)	14.95
Rose Petal Tonic (100ml)	12.50
Rose Petal Tonic (30ml)	6.75
Rose Trial Set	19.95
Rosemary Sauce (135g)	2.19
Sage and Onion Stuffing (150g)	1.71
Salad Bowl (250g)	1.45
Salad Bowl (500g)	1.95
Scarf	15.00
Semi Skimmed Milk (1 litre)	0.89
Semi Skimmed Milk (2 litre)	1.35
Sheepskins	100.00
Shoyu Sauce (150ml)	2.18
Silverside Beef Joint (c.2kg/4.5lb)	26.70
Silverside Beef Joint (c. 3lb/1.36kg)	18.15
Smoked Gammon Steaks (c.280g/10oz)	4.62
Smoked Salmon (c.100g)	6.84
Smoked Salmon (c.200g)	12.89
Smoked Salmon (c.500g)	14.97
Soothing Salve (175g)	14.95
Soothing Salve (20g)	4.15
Stir Fry (454g)	1.75
Strawberry Jam (340g)	3.96
Strawberry Yogurt (150g)	0.51
Swede	0.70

Sweet & Sour sauce (350g)	3.08
Sweet Potatoes (1kg)	2.49
Thai Green (200g)	3.08
Thai Red (200g)	3.08
Thai Yellow (200g)	3.08
Tikka Masala (350g)	1.99
Tomato (400g)	1.99
Touchstone Chardonnay (Case of 12)	89.88
Traditional Roast Turkey Ready Meal (300g)	7.15
Tropical Yogurt (450g)	1.39
Ultra Rich (175g)	14.00
Ultra Rich (50g)	7.50
Unsmoked Gammon Steaks (c.280g/10oz)	4.45
Vanilla Yogurt (450g)	1.39
VDP des Cotes de Thongue Organic Rosé (Case of 12)	89.88
Vin de Pays d'Oc Sauvignon sur Lie (Case of 12)	83.88
Welsh Lamb with Coconut & Peppercorns Ready Meal (400g)	7.49
Weobly Mature Cheddar Cheese (300g)	4.97
Whole Chicken	20.00
Whole Fillet Cod (c. 1.2kg)	27.10
Whole Milk (1 litre)	0.89
Whole Milk (2 litre)	1.35
Whole Milk 4 Pack Yogurt (4 x 125g)	1.65
Whole Wheat Spaghetti (500g)	1.22
Woollen Throw	50.00
Worcester Sauce (142ml)	2.88
Ylang Ylang & Orange Bodywash (200ml)	9.00